

THE TEN PARAMITAS: Series Overview

Class	Topic	Date (Thursdays)
1	Generosity (Dāna Pāramitā)	February 20
2	Morality (Shīla Pāramitā)	March 20
3	Forbearance (Kshānti Pāramitā)	April 3
4	Vigor (Vīrya Pāramitā)	May 15
5	Settled, Focused Meditation (Dhyāna Pāramitā)	June 12
6	Wisdom (Prajña Pāramitā)	July 31
7	Compassionate (Skillful) Means (Upāya Pāramitā)	August 21
8	Aspiration (Resolve) (Pranidhāna Pāramitā)	October 16
9	Spiritual Power (Strength) (Bala Pāramitā)	November 20
10	Knowledge (Jñāna Pāramitā)	December 18

TEXTS:

- Robert Aitken, The Practice of Perfection: The Pāramitās from a Zen Buddhist Perspective. Pantheon Books, 1994.

Dale S. Wright, The Six Perfections: Buddhism and the Cultivation of Character. Oxford University Press, 2009.

Rafe Martin, Endless Path -- Awakening within Buddhist Imagination: Jataka Tales, Zen Practice, and Daily Life. North Atlantic Books, Berkeley CA, 2010.

Edward Conze, The Large Sutra of Perfect Wisdom (Perfection of Wisdom in 18,000 Lines). University of California, 1975.

Lewis Hyde, The Gift: Imagination and Erotic Life of Property. Vintage, 1983.

Robert Buswell & Donald Lopez, co-editors. The Princeton Dictionary of Buddhism. Princeton University Press, 2014.