

Dhyāna Paramita
Focused Meditation / Mindful Absorption in Meditation

禪

Zen, Silent meditation

定

jô, to determine, to fix, to establish, to decide

坐 禪

Zazen

COMPONENTS of 坐 (za)

Strokes	Radical	Rad. #	Romaji	English
1	亠	0		
2	人	9	nin	person
2	入	11	nyuu	enter, insert
3	土	32	tsuchi	soil, earth, ground

COMPONENTS of 禪 (zen)

Strokes	Radical	Rad. #	Romaji	English
2	士	24	juu	ten
3	尚	0	takashi	esteem, furthermore, still, yet
4	礼	0	rei	salute, bow, ceremony, thanks, remuneration
5	田	102	ta	rice field, rice paddy