

Minutes of Health Circle, June 23, 2013

Luminous Heart, Pat, Heart Mirro. Getsuren, Myokai, Enju, True Joy

Luminous Heart stated that she had submitted a Health Circle article for the next Water Wheel, that she rewrote the Caring Net intake form based on discussion at last meeting, and that she recruited three more Caring Net volunteers. One of the volunteers is not able to do direct service and she suggested that he could do telephone/Skype service.

ACTION: Telephone/skype intervention will be added to list of Caring Net offerings.

Enju reported on allying Jingetsu and this brought on a discussion about how to receive assistance.

ACTION: Members will Email each other to discuss the issue of helping others/giving/receiving what's needed

ACTION: Enju will lead Dharma chat July 28 : Giver/Receiver/Gift

HM needs transportation to/from St. Francis on 6/26.

ACTION: Concetta will be ally.

ACTION: HM and LH will create CN email list.

We discussed the possibility of having a short discussion of a reading. Getsuren brought in The Art of Contemplative Care and Healing Lazarus: A Buddhist Journey from Near Death to a New life

ACTION: Tabled for further discusssion

Getsuren created a flyer for Caring Net. It was decided to add Precept #2 to the flyer and a list of services.

Action: Luminous Heart will get Getsuren the list of services

Heart Mirror brought up the issue of bringing CN to help sangha members who are caregivers to their family.

ACTION: Enju will put together a Resource List, especially caregiver respite

Several members of the HC met after the meeting to be trained by Heart Mirror on how to use Google docs for the Caring Net volunteer template.

Next meeting: July Meeting 28 at 1:30 pm