

Health Circle Minutes, 3/3/13

Present: Heart Mirror, True Joy, Luminous Heart, Enju

1. Caring Net Workshop Review

Positive feedback about structure, timing, content. Five other people have expressed interest. Luminous Heart will do a one hour training for those people. ACTION: Health Circle members pls solicit more volunteers so we can get to 25.

*True Joy checked with Mary and Dharma Joy about release form. Dharma Joy will prepare the form.

ACTION: Enju will check with Rabbi Geller to see if Temple Emanuel has already created such a document.

Enju will do a Hold Harmless document search on the internet.

Volunteers will sign the document and bring the document to the visit so the receiver can sign it. All signed documents will be returned to True Joy.

Luminous Heart will check with Dharma Joy to approve or create the document

*True Joy is the Caring Net coordinator. Policy comes from Health Circle. Coordinator is responsible for spreadsheets, collects info from requestor, sends out request to volunteers, feedback, occasional volunteer coordination.

*HIPPA: Luminous Heart will check with Dharma Joy if we need it

*Website for an interactive spreadsheet is complicated. Info now will come to True Joy who will maintain a master sheet for the time being

ACTION: Heart Mirror will check into Google docs for sign up

*True Joy will go to Shambala training on March 16.

ACTION: Any Health Circle member may attend. True Joy will resend Shambala information

*List of resources for volunteers: who will develop?

ACTION:: Enju will get this information

*Reimbursement: The issue of reimbursement for gas, food, parking, etc. came up at the workshop. ZCLA cannot be responsible. Luminous Heart noted that she didn't address what is "volunteering" in the workshop and would consider doing that in the future.

ACTION: True Joy will tell receivers that volunteers may ask for reimbursement for gas, food preparation and volunteers can know they can ask. True Joy will tell receiver that he/she is responsible for parking. True Joy will send out email about hold harmless document and reimbursement.

2. Advanced Directives Workshop

*How to solicit more participants?

ACTION: Ask Senshin for one more dharma flash

* Handouts will be prepared by subcommittee

ACTION: Luminous Heart will contact SF Zen Center for permission to use their checklists

ACTION: Health Circle members may be needed to work the room or may participate in dyads and call dyad participants after the workshop to talk about their progress.

ACTION: Luminous Heart will bring pencils, pens, pads, name stickers.

Enju will collect money and give out handouts.

Heart Mirror will bring booklets.

Keep a list of dyads with phone numbers. Health Circle members will call to follow up.

April 7, 1:15- next meeting.