

Health Circle Minutes April 7

Attendees: Pat, Luminous Heart, Heart Mirror, Myokai, Enju. Guests: Jiho, Getsuren. True Joy is away.

Discussion on handling minutes.

ACTION: Minute taker will send out minutes to HC. Any comments should be sent to Reply All. When comments have been accepted, minute taker will send to Senshin for uploading to HC web page. Any contested issues will be discussed at next meeting.

Luminous Heart brought in an article about how doctors handle their own advanced directives.

ACTION: Jiho will scan the article and send to HC so members can read before the ext meeting.

Advanced Directives Workshop discussion. Most HC meeting attendees had also attended the workshop. Feedback was positive with suggestions for tweaking the effectiveness, i.e. getting more participants to complete the document.

Suggestions: Both members of the dyad need to be committed to the process.

Next step statement to be filled out at the end of the workshop and handed to dyad partner.

ZCLA members only for the time being

Post workshop circle- canvas the participants for interest to participate.

Yahoo group for participants

ACTION: Luminous Heart will send out email to inquire if dyad members are interested in a circle, reply within 5 days.

CaringNet Program

Luminous Heart, speaking on TJ's behalf, brought up the issue of breaking up some of the coordinator responsibilities.

ACTION: More publicity at zazen/Water Wheel/Sangha-wide email.

Luminous Heart will talk with True Joy about dividing tasks as

follows:

Create an intake form for use by HC members on a rotating basis

True Joy would handle the data piece with follow up.

Call goes to True Joy. She hands off to next HC member who does the intake call with form. Then hands back to True Joy who sends out email for volunteers and will follow up with call to first volunteer AND the receiver.

Reviewed and edited the Hold Harmless document for recipients and volunteers, as mandated by ZCLA.

ACTION: Luminous Heart will check with Dharma Joy about a question of language in second paragraph.

Copy to be signed once by volunteer and to be signed by each recipient.

Health Care Agent Challenges: Heart Mirror and Getsuren discussed the challenges of finding a health care agent outside of family and friends. Heart Mirror stated that he could not find any resource in this area. The HC discussed the subject, including a Buddhist ombudsmen/health care agent program. It was agreed to continue the discussion after members had an opportunity to digest the ideas.

ACTION: Luminous Heart will check if such an organization exists for this service.

Each will do more research on this subject.

Next meeting May 19 next meeting
1:30 pm